

The “Big Five” Personality Factors (Figure 2.2)

Emotional Stability

← (Stable, confident, effective) (Nervous, self-doubting, moody) →

Agreeableness

← (Warm, tactful, considerate) (Independent, cold, rude) →

Extraversion

← (Gregarious, energetic, self-dramatizing) (Shy, unassertive, withdrawn) →

Conscientiousness

← (Careful, neat, dependable) (Impulsive, careless, irresponsible) →

Openness

← (Imaginative, curious, original) (Dull, unimaginative, literal-minded) →

